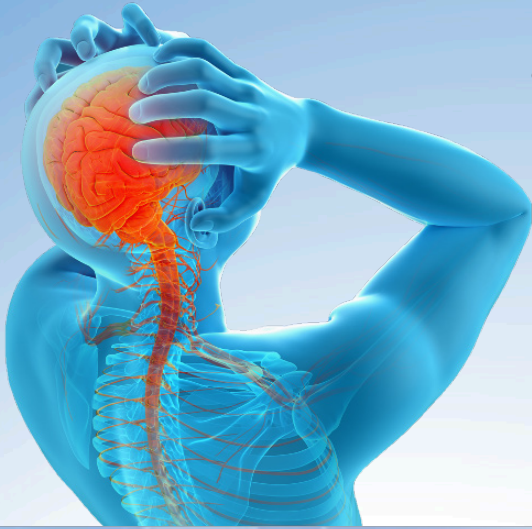


MEDICATION OVERUSE HEADACHES

HEALTH ISSUES #55



Medication overuse headaches, also known as “rebound headaches” are caused by the frequent or excessive use of pain relieving drugs to treat headaches that are already in progress.

As each dose of medicine wears off, the pain returns, often worse, which leads to the consumption of more medications.

“Medication overuse and subsequent medication overuse headache is a growing problem worldwide.”

THE JOURNAL OF HEADACHE AND PAIN

Vandenbussche, N. Laterza, D. Lisicki, M. Medication-overuse headache: a widely recognized entity amidst ongoing debate.

“MOH can occur whether you take them for headache or for another type of pain and long-term use of drugs may be damaging to the liver, kidneys and other vital organs.”

THE MIGRAINE TRUST

Shanahan, P. MD Matharu, M. MD, The National Hospital for Neurology and Neurosurgery, London, Nov. 2019

“CHRONIC USE OF ASPIRIN ACTUALLY PROMOTES CHRONIC TENSION HEADACHES.”

Lee Kudrow, M.D.

California Center for Headache Research

“Medication overuse headache has a severe effect on the quality of life of patients and can have a high economic burden on society.”

LANCET NEUROLOGY

Evers, S. Medication Overuse Headache April 2010 p.391-401

“Recent studies are finding that chiropractic care is a way to reduce the frequency of pain, and the duration and intensity of headaches and long-term results of chiropractic adjustments are very favorable.”

JOURNAL OF FAMILY MEDICINE

Chun, E. Ng, Mg Long-term relief from tension-type headache and major depression following chiropractic. 2018 May-June 629-631

