

PRESENTEEISM *in the workplace*

HEALTH ISSUES #11



Presenteeism (n)

[prez-uh n-tee-iz-uh m]

The practice of coming to work despite illness, injury, anxiety, etc. Often resulting in reduced productivity.

Presenteeism is defined as “the problem of workers being on the job but, because of illness or other medical conditions, not fully functioning.” Research on the impact of presenteeism is mainly focused on productivity loss due to chronic conditions including allergies, arthritis, depression, and diabetes.

JRNAL GEN INTERN MED.

Eric Widera, M.D., Anna Chang, M.D.

Studies estimate that presenteeism costs U.S. employers \$150 billion to \$250 billion annually, which represents about 60 percent of the total cost of worker illnesses.

WORLD HEALTH ORGANIZATION

The Cost of Presenteeism – and How To Fix It.
Virgin Pulse Global

PRESENTEEISM COSTS BUSINESS TEN TIMES MORE THAN ABSENTEEISM.

Environmental Health and Safety Today
Sandy Smith | Mar 16, 2016

Musculoskeletal diseases account for more than half of all disabling health conditions that are reported by adults.

U. S. Bone and Joint Initiative: The Burden of Musculoskeletal Diseases in the United States 3rd Edition, 2014. Rosemont, MD Edition, 2014. Rosemont



Preventable health conditions make up approximately 80% of the burden of all health conditions and 90% of all health care costs. Employers are beginning to realize they can take advantage of this statistic and work to provide services to decrease the occurrence of those preventable diseases.

Proper spinal function can help balance a key component of the body, the autonomic nervous system, which regulates many aspects of health including blood pressure, heartbeat and breathing, digestive function, and controlling stress levels.

EUROPEAN SPINE JOURNAL

T. Lenoir, N. Guedj, P. Boulu, P. Guigui, M. Benoist
Camptocormia: "The Bent Spine Syndrome."

Spinal joint dysfunction affects brain response accuracy and performance.

Lersa LB, Stinear CM, Lersa RA. "The Relationship Between Spinal Dysfunction and Reaction Time Measures". Journal of Manipulative and Physio-logical Therapeutics. September 2005; Vol. 28, Iss. 7

Posture related issues in the workplace result in 34% of all lost workday injuries and illnesses.

U.S. OCCUPATIONAL SAFETY & HEALTH ADMINISTRATION

The most recent and better designed studies suggest that when Chiropractic is utilized in the workplace, it not only reduces the immediate cost of an episode of care, but reduces the recurrence of subsequent out of chronic conditions.

JOURNAL OF OCCUPATIONAL AND ENVIRONMENTAL MEDICINE

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